BEACON
FITNESS
AIM | ENDURE | ACHIEVE

BEACON FITNESS

*Book your **FREE***
Demo / Trial Session
& Body Composition Analysis

- MUSCLE DEFINITION
- IMPROVES METABOLISIM
- INCREASE STRENGTH AND ENDURANCE
- FULL BODY WORKOUT
- 20 MIN = 4 HRS CONVENTIONAL TRAINING
- REDUCES BACK PAIN
- NO STRESS ON JOINTS
- REDUCES CELLULITE & TONES BODY

ALEX
FITNESS TRAINER

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